



THRIVE

Healthy Families, Strong Communities at
Mountain Home

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Letter from Laura

Read some updates from our Executive Director, Laura Snyder.

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Learn more about Mountain Home's Parenting Classes for moms!

Back to School

Celebrate some family success stories as both our moms & kids start the school year off right.

Staff Celebrations

Catch up with our staff and learn about some exciting new staff additions, birthdays, & work-aversaries

Growing Forward

Dear Friends of Mountain Home,

Twenty-six years ago, I started this organization because I saw firsthand in our community how much young mothers needed a place to turn. I now have the privilege of leading Mountain Home as it grows into the transformational program it is today. Watching this project as Executive Director this year has been both humbling and energizing.

Over the past year, Mountain Home has been taking the time to hone our programs and enact sustainable changes, all while providing our holistic and life-changing services to the families that need it the most. Excitingly, we are filling our 21 residential bedrooms, expanding our childcare hours to ensure not only daily care for children ages 1-5 but also the children of moms attending our afternoon and evening group therapies, and working on modifying our spaces to better serve families.

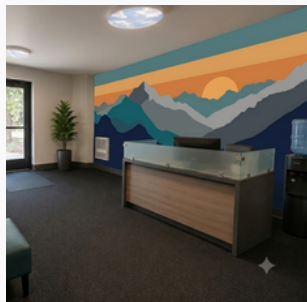
We are so fortunate to have an amazing new space that we can change and update to fit our current needs. After working in the space, we've found some ways to help us grow forward:

- Three offices are becoming family meeting rooms for intake, therapy, and small group sessions.
- Our gathering space is being reimagined into four distinct areas (complete with a private room with sliding barn doors) for staff and clients to connect.
- Our Health Haven is being equipped for 24/7 telemedicine access.
- Our Children's Development Center is gaining a sensory room for children who need a calming place to reset.
- We're also creating a separate community entrance and expanding our Baby Boutique to better welcome donors and volunteers while protecting residential privacy.

I'm so excited about the progress that has happened in the last year. It has been so rewarding to watch Mountain Home grow and expand in our new space, all these years after we first opened our doors. I'm also so thankful to our compassionate staff and donors who make this work and expansion possible. I can't wait to keep growing with you!

With gratitude,

Laura Snyder
Executive Director



Some of our re-imagined new spaces to better accommodate our staff & clients

Program Spotlight

Circle of Security Parenting: Building Bonds

Mountain Home is proud to offer Circle of Security, an evidence-based parenting program designed to help moms build secure, lasting attachments with their children. This session marked a special milestone: six moms graduated after completing the six-week program, and it was also the first time our therapist, Jen, led the class. Circle of Security gives parents practical tools to understand their children's emotional needs and respond with confidence and connection, skills that ripple out into every part of family life. Circle of Security Parenting is just one of our three evidence-based parenting courses we offer for Mountain Home families. These classes helped 90% of our moms model nurturing parenting skills with their children after one year. Congratulations to our graduates and to Jen on a wonderful first round of teaching!



Mountain Home therapist, Jen gets ready for Circle of Security Parenting (COSP) class



Jen and some of our amazing COSP Graduates!

A chalkboard with a wooden frame is mounted on a white wooden wall. The words "Back to School" are written on the chalkboard in white chalk. To the right of the chalkboard is a black mesh pencil holder filled with various colored pencils. The pencil holder is sitting on a stack of books, with a green book on top. The background is a white wooden wall.

Back to
School

Back-To-School at Mountain Home

This fall, the halls of Mountain Home are once again buzzing with back-to-school energy! Eight of our moms are enrolled in college courses this semester, two of them brand new to their programs and six returning to continue the work they've already started. Many of them are pursuing social work or pre-nursing to be able to help other moms and families like theirs. We're especially proud to celebrate one mom who has just two semesters left before completing her Master's in Business Administration. Thanks to a scholarship funded by a Mountain Home partner, she's had access to support that comes simply from being part of our community, a gift that's helping carry her across the finish line.

Our children are starting their own school journeys too, from preschool to kindergarten, learning and growing alongside their peers. Our case managers celebrated these kiddos with a Back-to-School Bash which made an often stressful time more fun for our families. Whether it's sharpening pencils, starting new classes, or finding courage in new beginnings, this season is full of promise for Mountain Home families.



Our Case Management Team sets up for our Back to School Bash



A Happy Birthday to Mountain Home

This summer, Mountain Home celebrated our first birthday of our new facility. While it's been a wild year with many challenges, we've also celebrated so much success. We housed 24 families over the past year, and we've stabilized and sustained our programs despite the big move. We couldn't have done this work without our compassionate staff, and supportive community of donors.



Several Mountain Home staff celebrate our first birthday in our new building.

Staff Celebrations

July



Birthdays

- Alyssa S.
- Laura S.
- Kiane H.
- Laura B.
- Sarah H.
- Kelsie S.



Work-aversaries

- July 2nd - Katie S. (2-years)
- July 7th - Gisele B. (1-year)
- July 14th - Elena S. (1-year)
- July 17th - Sarah H. (9-years)

September



Birthdays

- Tempeste L.
- Mandy N.



Welcome & Work-aversaries

- September 17th - John S. (2-years)
- September 22nd - Heather N. (11-years)
- September 25th - Trish M. (3-years)

August



Birthdays

- Sophia G.
- Amy R.
- Bella C.



Work-aversaries

- August 10th - Cassie S. (6-years)
- August 16th - Madi L. (5-years)

October



Birthdays

- Cassie S.
- Cody S.
- Katrina B.



Work-aversaries

- October 1st - Katrina B. (3-years)
- October 8th - Greta J. (8-years)
- October 20th - Sophia G. (1-year)

Welcome to Mountain Home



Bella C., Spen C., Danielle D., Meg D., Jen F., Mathilda H., Madeleine M., Aimee M., Madison N., Cody S., & Amy T.!

More Ways to Help Us Grow

As Mountain Home grows, so do the ways you can be part of it. We're excited to introduce our new endowment fund, a long-term investment in the families we serve for generations to come. Every gift builds toward a future where Mountain Home's programs are sustained well beyond today.

Our Baby Boutique is also growing its capacity to receive and distribute donated goods, thanks to the addition of a Jesuit Volunteer Corps (JVC) volunteer, Meg, we're better equipped than ever to connect donated items directly with the moms and children who need them.

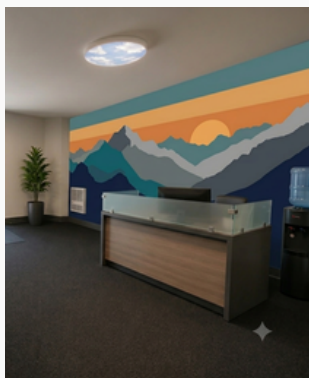
Whatever path you choose, whether investing in our future through the endowment or giving items through the Boutique, your generosity helps Mountain Home keep growing forward.



Some candid staff photos from our 2026 Mother's Day Tea.

Growing Forward

We're transforming our new facility to better serve families. This includes adding more private meeting rooms, a reimagined gathering space, 24/7 telemedicine access, and a children's sensory room. Thanks to donors like you, we're building spaces that meet families exactly where they are. Check out our vision for some of those reimagined spaces below. To learn more or contribute, contact our **Director of Gifts & Grants, Kelsie Severson** at kelsie@mountainhomemt.org or (406) 360-4317.



Baby Boutique

Our Baby Boutique is where donated goods, from diapers and clothing to strollers and nursery essentials, find their way directly into the hands of Mountain Home moms and children. This year, the Boutique has grown its capacity to receive and distribute even more donations, thanks to the addition of JVC volunteer Meg, who keeps the space organized and running smoothly and connects donated items with the families who need them most. Every stroller, sleeper, or box of diapers you give makes a tangible difference in a mom's day, often arriving right when she needs it most.

Some current needs include:

- **New Pacifiers**
- **Feminine clothes (sizes XL-XXXL)**
- **Halloween Costumes (newborn-5T)**

Contact our **JVC Volunteer, Meg Dollar**, meg@mountainhomemt.org with any questions or to donate to our Boutique.