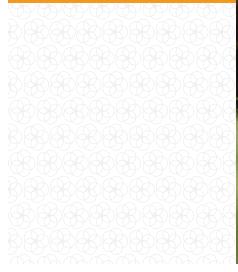


Strengthening community, two generations at a time



## letter from the EXECUTIVE DIRECTOR





#### **Greetings!**

I want to introduce our 2021 annual report with a big THANK YOU to our community of support. Our network this past year expanded with inspiring generosity. Also THANK YOU to the families we serve, because they continue to motivate those working with them to fiercely advocate, think holistically and lead positive change. Despite the pandemic, we established new partnerships, increased public awareness, and grew staff commitments to our work at Mountain Home.

The numbers speak for themselves. We have increased the number of families served by 20% in 2021 and have set ambitious goals to increase by another 18% in 2022. We recognized the importance of starting earlier and intensifying our twogenerational approach. We doubled the impact of our children's programming last year, providing 20 kids with mental health support as well as serving 15 children in our new trauma-informed childcare. Trauma-informed care is evidencebased curriculum that recognizes and addresses the complex social, emotional, and mental stressors of trauma that impact healthy youth development.

A sneak peak for 2022: We look forward to advancing our commitment towards Justice, Equity, Diversity and Inclusion, implementing a formal and accredited doula and healthcare navigation program, continuing to combat the housing and labor crisis and much, much more! All of which, we will achieve while maintaining themes of resiliency, opportunity, empowerment and a strong belief in achieving and sustaining healthier and happier futures!



With deepest gratitude,

Steph Goble Executive Director

**P.S.** More amazing news, despite the intense housing pressures, 98% of Mountain Home families served in 2021 were in stable housing after one-year of services! For more of these inspiring statistics, check out the outcomes section and us at **mountainhomemt.org** 

### STEPHANEY

2021 MOM WINS

Stephaney has secured and maintained independent housing and passed her written drivers test. She's also changed jobs while still maintaining employment, the whole time and her son is thriving in school and with his peers.





## PURPOSE

Our mission is to provide a safe home and nurturing community where young mothers discover their strengths, and children thrive.

## 10 THINGS TO CELEBRATE IN 2021

With the ongoing challenges of a pandemic, Mountain Home, it's families, staff and network of support, teamed together to build long-term resilience, improved continuity and accessibility of care, and help ensure healthier and happier futures.

### **GOAL:** KEEP GOING

 All of our wrap-around services remained safely open. We improved online services and offered safe opportunities for connection and accessibility - increasing families served by 20%.

### **GOAL:** START EARLIER

- We recognized the importance of starting earlier and intensifying our two-generational approach. We branched our licensed mental health clinic into an Adult & Children Services model, that has specifically trained adult and children therapists, case managers and community support specialists. We already doubled our reach, serving over 20 independently enrolled kids.
- 3 We served approximately **2500 nutritious meals** and snacks to children with help from the Child & Adult Care Food Program, and about 14,000 well balanced meals in our residential program.

 Opened our onsite childcare, Ariya's Circle, the state's first trauma-informed childcare. We completed a renovation project that set the path for providing exceptional care to some of the most vulnerable children in our community.
We provided approximately 1750 hours of compassionate, nurturing, and traumainformed care for 13 children. As research shows, every moment counts in years 0-3.

## **GOAL:** EXPAND INFRASTRUCTURE

Despite the global staffing shortages, we continue to **invest in professional development and retaining highly qualified staff.** In 2021, Mountain Home hired talented staff members to fill 11 new positions, which included doubling the reach of our Children's Mental Health Program, growing our Community Center programming, and expanding capacity to serve more families.



- Leveraged our 2020 professional Racial Justice Audit to inform an ongoing action plan to ensure Mountain Home is inclusive to families of all races and backgrounds. Additionally, we implemented a competitive, transparent and equitable compensation philosophy to enhance and diversify our working culture.
- Mountain Home is committed to **reducing our carbon footprint** with systems for getting donations in the hands of people that need them. In 2021, we started composting, reinforced our recycling program, and upgraded to a Hybrid vehicle for staff and client transportation.

### **GOAL:** CONNECT WIDELY

- 8 Hosted 235+ events, classes and workshops in our Community Center, ranging from book clubs, to financial aid workshops, baby showers, leadership training, health and wellness classes, study tables, car seat safety courses and much, much more!
- 9 Thanks to our dedicated, weekly volunteers, we successfully launched our 8th Open Table, which offers families organic, long lasting support networks.
- Cultivating connections to create better services and policies alongside Montana Pediatrics, MCPS High Schools, Friends of the Children, Families First, All Nations Health Center, Zero to Five, the At-Risk Housing Coalition, and many more.

#### This would not be possible without you!

We are proud to have such committed supporters. **Between 2020 and 2021, the total amount donated by caring individuals like you doubled.** Thank you for all the good you have made possible for the moms and kids we serve.

## OUTCOMES

After **1 year of care**, moms served in 2021 saw the following outcomes:

#### **BASIC NEEDS**



98% have stable rental housing95% have access to adequate food and nutrition70% of moms have a license and access to a car (up 46% from intake)

E

#### EDUCATION & EMPLOYMENT

**44%** attended or completed technical training or community college while parenting

**82%** were employed 1 year into the program

## PHYSICAL HEALTH

100% had appropriate prenatal θpreventive child well care88% had a consistent medical provider

98% clients have access to health insurance

### MENTAL HEALTH



**90%** of moms' mental health is stable, despite over 90% being diagnosed with intense anxiety, depression, and or PTSD, largely due to past trauma

85% demonstrated visible improvement in self esteem



**96%** of moms and their children remain safe, healthy and together

**100%** parents showing active support of healthy child development

97% use appropriate discipline





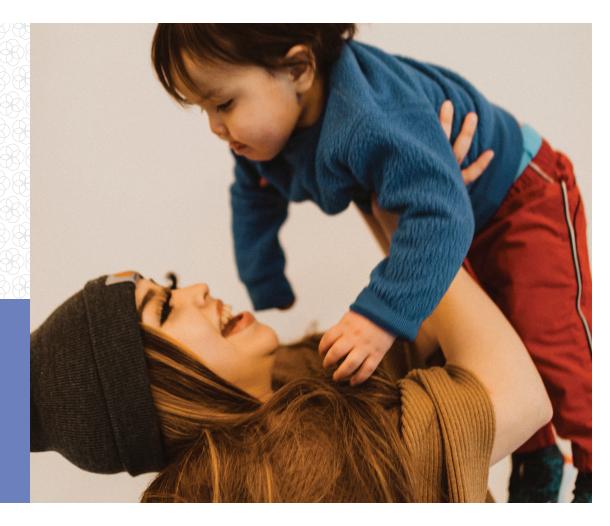
## KATIE

Katie overcame many challenges in the past 2 years. Not only did she find and maintain housing and employment, she was recognized as employee of the year at her work. She is selfsufficient and the best parent she can be for her children.

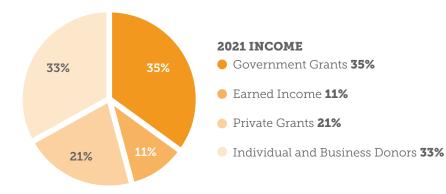
## JILL

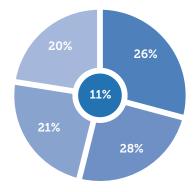
Jill is completing her HiSET and is fully employed, utilizes childcare and has been speaking at Mountain Home public events to help advocate for other young families.

2021 MOM WINS



## FINANCIALS by the numbers





- Core Mission Support: Admin/Fundraising **11%** 
  - Supportive Housing 26% 🔵
  - Adult Therapeutic Services 28%
    - Life Skills **21%** 🔵

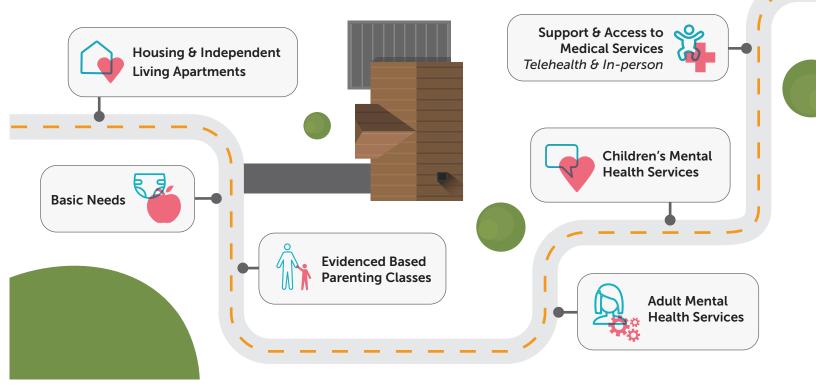
**2021 EXPENSES** 

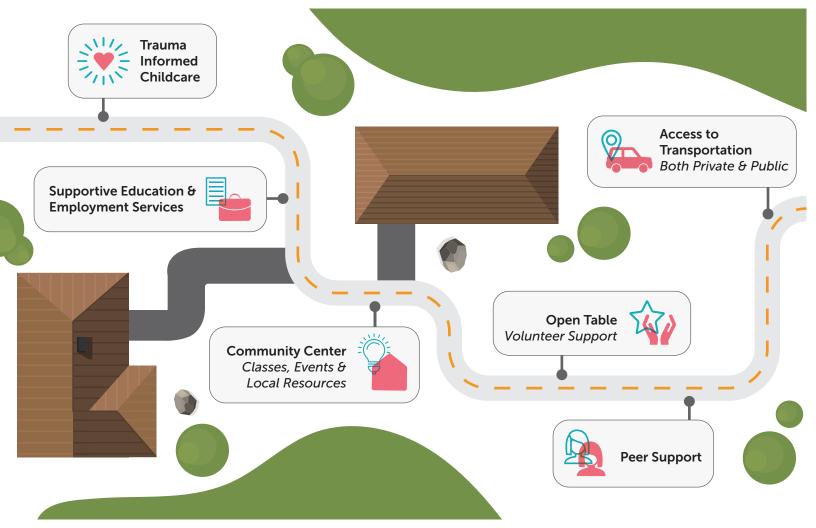
Children's Therapeutic Services & Childcare 20%

## PROGRAM OVERVIEW

### Road map of Mountain Home's wrap around support

Like a road, Mountain Home's programs offer multiple access points and can start and stop along our continuum of care.





# Big thanks to our 2021 SUPPORTERS

## private grants \$1,000+

Cadeau Foundation Charles Engelhard Foundation Crocus Foundation Dennis and Phyllis Washington Foundation Drollinger Family Charitable Foundation Foundation for Community Health Gianforte Family Foundation Gilhousen Family Foundation Grace Jones Richardson Trust Judy Family Foundation Kiwanis Club of Missoula Louis L. Borick Foundation Markovich Family Foundation Margaret V. Ping Foundation Marshal and Mary Brondum Special Assistance Foundation Max and Betty Swanson Foundation May and Stanley Smith Charitable Trust Montana Community Foundation Montana Mental Health Trust Muralt Family Foundation O.P. and W.E. Edwards Foundation Otto Bremer Trust PacificSource Foundation Sample Foundation Town Pump Charitable Foundation Treacy Foundation Tykeson Family Charitable Trust Women's Giving Circle of the Missoula Community Foundation

## We couldn't do this WITHOUT YOU

## corporate donors \$500+

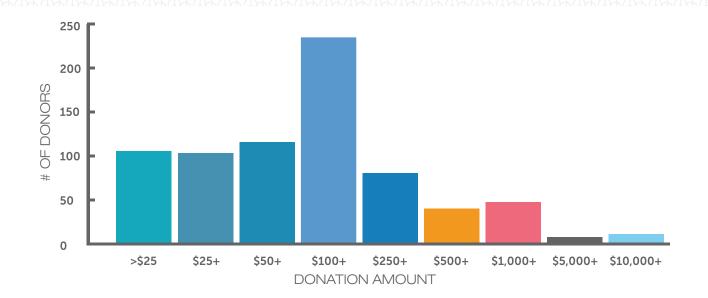
Apricot Lane Arrowleaf Construction Bank of America Charitable Gift Fund Boone Karlberg, PC Clark Fork Law Offices, PC Clearwater Credit Union Community Medical Center Cremation Burial Society of the Rockies DA Davidson Dillards Garden City Funeral Home Garlington, Lohn, and Robinson Good Food Store First Interstate Bank First Security Bank George J. Igel and Co., Inc.

Ink Realty Group JCCS Certified Public Accountants Lady Eagles FOE NO. 32 Lake Missoula Group LumenAd Maclay Law Firm Missoula Lions Club Missoula Pediatric Dentistry Missoula Power Equipment Myers Wealth Management Montana Cancer Specialists Mountain Broadcasting Nelson Brothers, LLC NewFields Noble Metal. Inc. Northern Rockies Orthopedics

Park Side Credit Union PayneWest Insurance Pintler Wealth Management Group of Wells Fargo Advisors Providence Montana **Republic Services** Rick's Auto Body, Inc. Riverside Contracting, Inc. **Rural Dynamics** Southgate Mall Associates, LLC Sunset Memorial Gardens TD AmeriTrade Institutional Tenacious Dames Riding Club United Way of Missoula County Water Rights, Inc. Western Montana Clinic

## IT TAKES A VILLAGE

We know support comes in many forms and amounts. We appreciate all the gifts and individuals represented here. Each has direct impacts on the families we serve and allow for our wrap around services to expand and reach more each year!







## ARIEL

Ariel is breaking a generational cycle of abuse, prioritized healthcare for her children, and is building an organic and healthy support system.



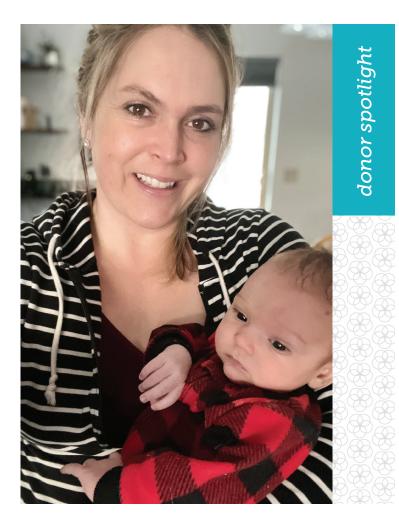
Holistic

Mountain Home is a statewide leader in offering independent Children's Mental Health services along with trauma-informed childcare

## LYDIA ARNOLD

I give to Mountain Home because they invest in people and families providing a safe place to heal, grow, learn and secure a better future for themselves and their children. Mountain Home is invaluable to our community, and I'm thankful for this organization and their dedication to helping people change their futures.

LYDIA ARNOLD Missoula Police Officer





## **GRACE DECKER**

I give to Mountain Home because they are leaders for deep listening and relationshipbuilding that are at the heart of everything they do. From starting a trauma-informed childcare program, to supporting parents in using their voices to advocate, Mountain Home meets families where they are and wraps a caring, empowering network around them.

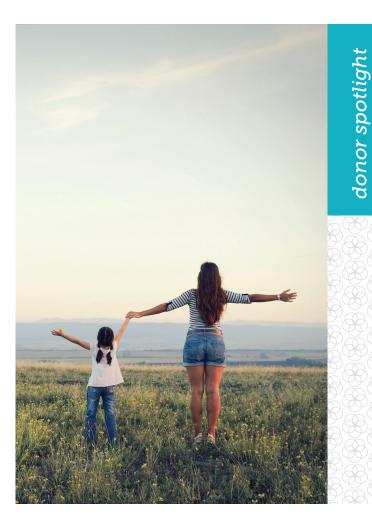
#### GRACE DECKER

Zero To Five Strategic Collaboration Coordinator

## LLEWELLYN FOUNDATION

Mountain Home Montana's trauma-informed services for young mothers and their children are becoming models for the state and nation. Partnering with innovative, effective organizations to tackle such complex issues as generational trauma and poverty is an important aim of the Llewellyn Foundation. It has been incredibly rewarding to support Mountain Home as the staff work to empower young women to help themselves and the next generation.

CAROLINE KURTZ Trustee for the Llewellyn Foundation



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### mountain **home**

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Photos of real Mountain Home clients by Ashley Rhian